



Press Release

March 13, 2025

Free family Easter activities, and sessions for adults who want to lose weight, added to low-cost social exercise and fitness sessions for all in Fenland

Free family Easter holiday activities, and sessions for adults who want to lose weight, have been added to the programme of social exercise and fitness classes for all in Fenland.

They're the latest addition to Fenland District Council's Active Fenland programme of free and low-cost exercise and fitness classes which include everything from fall prevention strength and balance classes for older people to family-friendly running sessions.

Cllr Alex Miscandlon, portfolio holder for leisure, said: "The Active Fenland programme is always packed with exciting and valuable, varied health and wellbeing activities for all ages and abilities.

"It's excellent to see additional family fun available in Easter holidays and we look forward to seeing lots of families enjoying themselves and getting active at the same time.

"It's also great, once again, to see free sessions for people who want to lose weight including the fantastic offer of included gym and leisure centre membership. It's too good to miss!"

Free Easter family fun

Free family Easter holiday running sessions for adults with children aged 12 plus are on offer in Wisbech and March.

Active Fenland will also be staffing information stands with family healthy eating tips on two dates during the holidays.

Booking is essential for the family running sessions. Sessions will soon be open for booking on Fenland District Council's website.

Family running sessions will be held:

- Tuesday, April 8 and Tuesday, April 15, 9.30am to 10.30am, meeting at Wisbech Park, Lynn Road, Wisbech PE13 3AB.
- Wednesday, April 9, and Wednesday, April 16, 10.30am to 11.30am, meeting at West End Park, March, PE15 9LT.

In addition, Active Fenland will be staffing stands where families can stop by for healthy eating tips at drop-in events during the Easter holidays, including explanation of apps that can support, such as the NHS food scanner app that helps you to find healthy swaps.

Stands will be staffed:

- Monday, April 7, 10am to noon, at George Campbell Leisure Centre, City Road, March, PE15 9LT.
- Monday, April 14, 10am to noon, at Hudson Leisure Centre, Harecroft Road, Wisbech, PE13 1RL.

Active for Health sessions for people who want to lose weight

Free 12-week '[Active for Health](#)' programmes for adults who want to lose weight, which can allow eligible participants a free 90-day gym and leisure centre access pass, are on offer across Fenland.

The sessions, delivered in partnership with Huntingdonshire District Council, are open to people with a Body Mass Index (BMI) of 25 or over, or 23.5 and over in ethnic minorities (excluding white minorities).

Booking is essential. Book at: www.huntingdonshire.gov.uk/activeforhealth

Courses are due to start on:

- Monday, April 28, 2pm to 4pm or 4.45pm to 5.45pm, at Hudson Leisure Centre, Harecroft Road, Wisbech, PE13 1RL. Book and pay at leisure centre.
- Monday, April 28, 4.45pm to 5.45pm, at Manor Leisure Centre, Station Road, Whittlesey, PE7 1UA.
- Tuesday, April 29, 2.30pm to 3.30pm, at Chatteris Leisure Centre, Eastwood, Chatteris, PE16 6FN.
- Tuesday, April 29, 4.45pm to 5.45pm, at George Campbell Leisure Centre, City Road, March, PE15 9LT

Active Fenland secures grant funding to provide opportunities for people to live more active lives, especially where they might face additional barriers to do so. Activities are offered at venues across the district.

The Active Fenland programme is currently delivered with funding support from Cambridgeshire & Peterborough Integrated Care System (ICS) and Cambridgeshire County Council Public Health.

For full details of the packed Fenland-wide Active Fenland programme and booking information see: www.fenland.gov.uk/article/18419

Ends