



Dear all,

Lent has now begun and if you were able to join us for Ash Wednesday yesterday you may have heard these words:

"Brothers and sisters in Christ, since early days Christians have observed with great devotion the time of our Lord's passion and resurrection and prepared for this by a season of penitence and fasting... [to] so grow in faith and in devotion to our Lord."

Whatever spiritual discipline you may have picked up for Lent - and it's not too late to start one! - or whatever you may choose to fast from; I pray that you may each have a good and holy Lent.

God bless, Emily



From Sunday's Gospel: "He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him." Mark 1:13

## **Services & Events this week**

### Sunday 18th February

- 09:30 Morning Praise at Holy Trinity, Coates
- 09:30 Holy Communion at St Andrew's, Whittlesey
- 10:30 Covenant Service at Queen St Church
- **11:00** Sunday Worship at St Mary's, Whittlesey
- 18:00 Evening Praise at St Thomas, Pondersbridge

## Monday 19th February

- 9-11am Trinity Tots at Holy Trinity, Coates
- 11:15 Funeral of Geoff Shelton at St Mary's, Whittlesey
- 12:30 Funeral of Cameron Shiel at Holy Trinity, Coates

## Tuesday 20th February

- 11:00 Ministry Team meeting at St Andrew's, Whittlesey
- **19:00** Alpha Course at the Rectory
- 19:30 Lent Group in Pondersbridge

## Wednesday 21st February

- **09:15** Holy Communion at Holy Trinity, Coates
- 10:00 Lent Group at Holy Trinity, Coates
  - Half Term Activities in Pondersbridge
- 12:00 Funeral of Chris King at St Mary's, Whittlesey
- 19:00 Friend's of St Andrew's Meeting
- 19:00 How to Pioneer Group at the Rectory
- 19:00 Meeting with Churchwardens and Ministry Team at Holy

Trinity, Coates

# Thursday 22nd February

- **09:15** Holy Communion at St Andrew's, Whittlesey
- 10:00 Lent Group at St Andrew's, Whittlesey
  - Half Term Activities in Pondersbridge

# Friday 23rd February

12:00 • Funeral of Rita Taylor at St Mary's, Whittlesey

## Saturday 24th February

9-10am • Open Breakfast in Pondersbridge Hall

## Sunday 25th February

- **09:30** Morning Praise at Holy Trinity, Coates
- 09:30 Morning Praise at St Andrew's, Whittlesey
- 11:00 Sunday Worship at St Mary's, Whittlesey
- 11:00 Holy Communion at St Thomas, Pondersbridge

#### For your **PRAYERS** this week:

That Lent might be a time of spiritual growth and nourishment for our church community.

For the Alpha Course as it continues.

For those are unwell at this time and in need of healing including: Brenda Cooper • Colin Dale • Min Mean • Joyce Rogers • Alison Staggs

If you would like to add a name to the prayer list for healing, please let us know. People with ongoing need of healing remain in our prayers even if their names no longer appear here.

We remember those who have recently died and pray for their family and friends at this difficult time, including:

Olive Edwards • Chris King • Eileen Minett • Cameron Shiel • Geoff Shelton • Rita Taylor



LENT GROUPS begin this week and it's not too late to join one! We will be gathering: Tuesdays at 7:30pm in Pondersbridge (212 Ramsey Rd) Wednesdays at 10am in Holy Trinity, Coates Thursdays at 10am at St Andrew's, Whittlesey

This year we will be looking at the traditional Lenten themes of: **Wilderness, Fasting, Solitude, Temptation** and **Preparation**.

**STATIONS OF THE CROSS** - this will take place on a Friday at 12 noon at St Mary's from the 1st March.

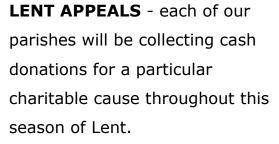
If you're still thinking about how you might particularly keep this Lent, here are a couple of suggestions:



**READING A GOSPEL** - why not have a read of Matthew, Mark, Luke or John? Beginning at Chapter One... Mark is the shortest Gospel, whilst Luke contains many of our most well loved parables (stories). Try and read a chapter a day and reflect on what it might tell you about God - and what it might tell you about us and God.

You can pick up a Gospel in most of our church buildings, or search for the App: 'YouVersion Bible' to read/listen to it on your phone or tablet. **WATCH + PRAY** is an App from the Church of England. Every day in Lent it provides a short passage from the Bible and a reflection and prayer which you can either read or listen to.

Another popular App is '**LECTIO 365**' which runs throughout the year. Every morning this provides a short reflection, Bible passage and prayer. Every evening it provides a short prayerful meditation to listen to as the day draws to a close.



**Holy Trinity** will be collecting for <u>WASH</u> - providing water, sanitation and hygiene to those who really need it in our world.

**St Andrew's** will be collecting for <u>Water Aid</u> who have a similar mission to provide clean and safe water to all who need it.

St Mary's will be collecting for Whittlesey Emergency Food

**Aid** - either cash or donations of non-perishable items can be left at church.



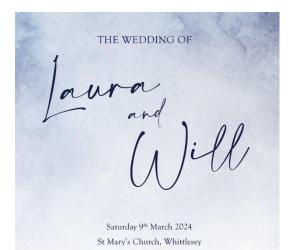


**St Thomas'** will be collecting for a **Mental Health** charity.

Throughout Lent, whilst many of our parishes will be following the Lectionary readings - reflecting on God's grace and mercy - St Mary's will be following a teaching series on 'Relationships':



We'll begin this Sunday by reflecting on the friendship of David and Jonathan (found in 1 Samuel 18-20 if you'd like to have a read before Sunday).



Laura (from our St Mary's congregation) and her fiancé, Will, are getting married in St Mary's on **Saturday 9th March** at **12:30pm**. All who know Laura within the Benefice are very welcome to come to the wedding ceremony.

Laura's last Sunday with us before her wedding and her move to St Neots will be Sunday 3rd March - all are welcome to join us for a Bring and Share Lunch at the Rectory after the 11am service as we send Laura off with our prayers and blessing.



#### HOPE INTO ACTION CONFERENCE - our

friends at Queen St Church have secured a small number of free tickets to this conference at Kingsgate Church, Peterborough on 7th March. To find out more about the conference, click <u>HERE</u>. If you would be interested in going, please let us know!



### CONTACT US:

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Safeguarding Contacts [click on the link]

"All things come from You, and of your own have we given You".

1 Chronicles 29:14