

# Focus on families events



Come along to a local Fenland event to find out how you and your family can lead a healthier and happier lifestyle. Speak to a range of professionals for advice and share your experiences with us.

- ♥ Information on local services to support you and your family
- ♥ Access information and advice on infant feeding
- ♥ Access support for before, during and after your baby arrives
- ♥ Share your experiences with a wide group of professionals
- ♥ Find out how to introduce family foods
- ♥ Speak to local professionals including health visitors



## Chatteris Library

Friday 9 June 11.30am-1.30pm  
2 Furrowfields Rd, Chatteris, PE16 6DY

## March Library

Monday 12 June 10.45am-12.45pm  
City Rd, March, PE15 9LT

## Ramsey Methodist Church

Monday 26 June 11.30am-1.30pm  
High St, Ramsey, PE26 1AE

Supported by Barnardo's, Cambridgeshire Community Services, Cambridgeshire County Council, Healthy You, Healthwatch Cambridgeshire and Peterborough, NCT Birth and Beyond Community Support, Peterborough and Fenland Breastfeeding Support.