



# All Together for Healthier Futures

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Wednesday 12 October 2022

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## Update from our Chief Executive Officer

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*100 days after our ICS officially launched, I want to thank residents and partners for their support.*

*Local partners have worked with primary care so that our local people can access more appointments outside standard working hours; started to deliver important Prevention work which will give people in Cambridgeshire & Peterborough access to warm hubs and other services to support them throughout winter; and developed a new Green Strategy to ensure the services we offer our communities are environmentally fit for the future.*

*We know there's still more work to be done. We will continue to work with you all to deliver more improvements to health and care services.*

**Jan Thomas**

**Chief Executive Officer**

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1 - Jan Thomas

## Let's Talk: Your Health & Care



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*We're excited to announce the launch of Let's Talk, our new engagement campaign which is all about better understanding the needs and views of local people like you regarding your health and care.*

*We want to hear the views of everyone who lives or works in our area, including you. Please take a moment out of your day to complete our [short survey](#), and make sure you share the news of Let's Talk with local colleagues, family, and friends so that they can take part in the conversation and make their voice heard.*

*The results of Let's Talk will be gathered together, added to our existing data and research into our local area, and used to create our Health & Wellbeing Integrated Care Strategy. We will share a report on the findings of Let's Talk after the campaign concludes on 10 November.*

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## **Supporting our communities during colder months**

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*As we progress through autumn and into winter, we know many of our local people will be facing additional challenges to their health and wellbeing. As an ICS we have worked together to put in place support packages to keep people safe and well during the colder months.*

*As part of this significant work, a number of warm hubs will be launched over the coming weeks in areas including Cambridge City, East Cambridgeshire, and South Cambridgeshire. Huntingdonshire District Council has already launched several warm hubs which you can find [here](#).*

*The new warm hubs will be free to access and will support anyone who is struggling to heat their home. A range of advice and support will be available on site at each warm hub to help our local people look after their health and wellbeing.*

*People can find out about the local warm hubs available to them through their Council.*

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## **Community Diagnostics Centres**

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*Two new Community Diagnostic Centres are set to open in Fenland and East Cambridgeshire.*

*The new centres will provide a range of diagnostic checks including MRI, CT and Ultrasound scans. The diagnostics centres will offer local people access to vital services closer to home, reducing the need to travel further afield for tests, whilst easing pressure on other hospital services alongside reducing waiting times for patients.*

*You can read more on our ICS website [here](#)*

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## **Improving access to appointments in Primary Care**

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*On 1 October, Primary Care Networks (groups of local GP practices working together) started providing additional Enhanced Access Services to help meet the needs of their local patients. This means more appointments are now being offered with a range of expert professionals, including GPs, physios, and nurses, outside of normal GP practice hours, between 6.30pm and 8pm Mondays to Fridays and between 9am and 5pm on Saturdays.*

*This new agreement with colleagues in Primary Care is helping us ensure that over 950 appointment hours are offered outside office hours every week.*

*To find out more, read our press release [here](#).*

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## **New pilot launched to help people return home after hospital**

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*Integrated Care System (ICS) partners have jointly launched the new Discharge Support Pilot, an exciting project which will support people as they prepare to leave hospital.*

*Working together, ICS colleagues will identify the needs of people who have been unable to leave hospital despite being medically ready to do so, and will explore how a **Discharge Support Budget** might help them return home. This pilot will not only increase bed capacity in our hospitals, but it will also bring our local people back into their communities by understanding ‘what matters to them’ – closer to friends, family, and wider support networks.*

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## **Partner news and updates**

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### ***Launch of UK's first institute for early cancer research***

*The Early Cancer Institute opened on 21 September as the first institute in the UK dedicated to understanding early cancer, next door to Addenbrooke's, to help create a world where we can detect cancer early enough to cure it.*

*For more information on the new institute visit the CUH website [here](#)*

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2 - Early Cancer Institute

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### ***East of England children's palliative care service launched***

*A new palliative care service for babies, children and young people, including support for families, launched on the 22 September, at Cambridge University Hospitals NHS Foundation Trust (CUH).*

*The Regional Advice and Facilitation Team (RAaFT) was set up in response to growing numbers of babies, children and young people in the East of England with life-limiting and life-threatening conditions, following additional funding by NHS England.*

*To find out more, read the CUH website [here](#)*

### ***Peterborough City Council's new youth zone***

*Peterborough City Council's Cabinet has agreed to apply for £8.7million of funding to deliver a significant increase in youth provision in the city, offering a wide range of positive activities, personal development opportunities and support.*

*For more information, visit the councils website [here](#)*

### ***New studies open to help beat dementia***

*Cambridgeshire and Peterborough NHS Foundation Trust (CPFT) is currently offering a number of research opportunities that the public can take part in to help improve diagnosis, treatment and support for people living with dementia.*

*To find out about the different studies and how to get involved, visit the CPFT [website](#).*

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### ***Patients help to improve radiotherapy services***

*A new multimedia display at Addenbrooke's Hospital highlights how patients have helped shape radiotherapy treatment. Along the wall are QR codes for people to download podcasts and videos to hear more about radiotherapy techniques and the patients' experiences.*

*To find out more on the new radiotherapy research, visit the CUH website [here](#)*

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4 - The multimedia display at Addenbrookes.

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### ***Awards and shortlistings for Primary Care teams & colleagues***

*Huge congratulations to Antonia Alcaraz, Nurse Practitioner, Cornerstone Practice for being shortlisted in the **Practice Nursing Award category** and the Adult Community Eating Disorder Service, Cambridgeshire & Peterborough CCG, Personalised Eating Disorder Service, Cambridgeshire & Peterborough NHSFT, The SUN Network, SERV Suffolk & Cambridgeshire, Greater Peterborough Network & West Cambs GP Federations (Cambridgeshire) for being shortlisted in the **Clinical Improvement: Mental Health category**.*

*Visit the [General practice website](#) for full details.*

*We'd also like to congratulate local practice manager Bruce Abel who won the award for Best Practice Manager at the 2022 RCGP East Anglia Faculty Awards. This is a great achievement for Bruce and shows the dedication and support he has from his team who nominated him.*

***Royal Papworth Hospital shortlisted for two prestigious tech awards***

*Laudit, Royal Papworth Hospital's positive incident reporting platform, has been named as a finalist in the UK IT Industry Awards 2022 in the 'Best Healthcare Sector IT Project of the Year' category and in the Health Tech Awards 2022 for 'New Innovation of the Year'.*

*The winners will be announced later this year.*

*To find out more on the awards, visit the Royal Papworth Hospital website [here](#)*

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## Next ICB Board Meeting

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*The next board meeting will be on 11 November from 10am onwards. To find the board papers along with the joining instructions and previous meetings papers, visit the ICS website [here](#)*

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## How to stay in touch

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*Everything we do as an ICS is about improving the health and wellbeing of our local people and communities. We want you to be able to find out more about our work in a way that is right for you ...*

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- **Follow us on socials** – via [Instagram](#), [Facebook](#), [Linkedin](#), [Twitter](#)
- **Visit our website** – at [www.cpics.org.uk](http://www.cpics.org.uk)
- **Read this newsletter** – We will continue to send you monthly newsletters. If you would like to stop receiving these newsletters, please email us via [cpicb.contact@nhs.net](mailto:cpicb.contact@nhs.net)

- **Attend our meetings** – NHS Cambridgeshire & Peterborough Integrated Care Board Meetings are held in public either face to face or online. You can find the location and time of our next meeting on [our website](#).
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If you know someone who would like to sign up for this newsletter, please ask them to contact us via [cpicb.contact@nhs.net](mailto:cpicb.contact@nhs.net)

If you have specific queries about your healthcare treatment, you can find our [Patient Experience Team's details on ICS website \(cpics.org.uk\)](#)

And finally, if you would like to get in touch with us in writing, you can do so by writing to:

Cambridgeshire & Peterborough Integrated Care System  
House, Bartholomew's Walk, Cambridgeshire Business Park, Angel Drove, Ely, Cambridgeshire CB7  
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