

## **REGAIN CONTROL**

## **Community Coffee Morning**

Do you have type 1 or type 2 Diabetes?

Do you feel overwhelmed and would like support?

Come and join us for an informal chat with others who have Diabetes

On the last Wednesday of every month (except December)

11am to 12.30pm

**At Falcon Public House** 

1 London Street, Whittlesey, PE7 1BH

## For further information please contact Mandy on 07540 240139 or email

mandy.b@care-network.org.uk



