

Hello everyone, I'm Dr Liz Robin, Director of Public Health for Cambridgeshire and Peterborough.

I would like to start by saying a big thank you to everyone across Fenland who has worked really hard and given up so much to reduce the spread of coronavirus in the district.

Your efforts have kept many people safe and ensured that our health services have been able to help not just those who have been affected by Covid, but others who are living with other health conditions.

However, worryingly, Fenland's coronavirus infection rate is currently above the national average with close to 400 cases per 100,000. We are continuing to see a high number of our older and potentially more vulnerable residents with the infection, as well as high transmission rates in workplaces and households.

So, it is vital that we all take action now to reduce the number of people catching the virus.

Please, follow the lockdown rules - stay at home as much as possible and only go out for essential reasons. When you do have to go out and may come into contact with people you don't live with, keep two metres away from them, avoid crowded or poorly ventilated areas, wash or sanitise your hands regularly and wear a face covering where this is required.

If you work in an essential industry in Fenland please try to avoid car-sharing to get to work, school or the shops. If you must car-share, try and do this with the same people or person each time, wear a face covering, have windows open and wash or sanitise your hands when you enter and exit the vehicle. Please think about activities outside of work and how these may increase the risk of taking the virus into your workplace or your home.

We've been successful before at reducing rates of Coronavirus in Fenland and by doing the right thing now we can do this again.

Kind regards,

Dr Liz Robin

Director of Public Health for Cambridgeshire