

Music Makers Whittlesey

A relaxed and friendly singing
group for older people

If you like to sing, enjoy good company
and like having fun, please come and join

1st Thursday of every month

2.30-4pm

In the Wesley Room

Queen Street Methodist Church

Whittlesey



£1 per person includes refreshments

This group welcomes people with memory challenges

For further information contact: Kathryn Gray 01733 351594

Turn to us. We're here for you.

If you have questions or concerns about dementia, call our National Dementia Helpline for expert information and support.

Call us now on

0300 222 1122

email

helpline@alzheimers.org.uk



Our trained Helpline Advisers are here to discuss your concerns about dementia and give specialist expert advice to help you make informed choices for yourself or the person you care for.

We are here to listen and provide expert advice on:

- Understanding dementia
- Diagnosis and treatments
- Finding support locally
- Caring for people with dementia
- Financial and legal matters
- Maintaining independence
- Changes in relationships and behaviour
- Community care
- Long-stay care

‘We are so lucky to be able to talk to people like you, giving clear answers in a very kind and gentle manner’

Maureen, a carer

**Call us now on
0300 222 1122
or email
helpline@alzheimers.org.uk**

**We're available from:
Monday to Wednesday
9am – 8pm**

**Thursday and Friday
9am – 5pm**

**Saturday and Sunday
10am – 4pm**

**We can provide support in
over 200 languages.**

**Calls to the Helpline cost no
more than a national call from
any type of phone or provider.**



Alzheimer's Society operates in England, Wales and Northern Ireland. Registered charity no. 296645. Helpline calls may be recorded or monitored for training and evaluation purposes. Please see alzheimers.org.uk/helpline for further details.
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